

From: Eoin McCabe [eoin@ili.ie]
Sent: 24 April 2008 15:51
To: eoin@ili.ie
Subject: News from Irish Lifecoach Institute



IRISH LIFE COACH INSTITUTE

Latest News

Workshops & Seminars

April 2008

Dear Eoin,

We want to let you know about two specific events we are launching over the coming months. See below for full details.

We will also be offering an **Advanced Career Coaching Training workshop** for coaches in June, full details to follow soon.

All are welcome to attend any of the events listed below. Thanks for reading this and we look forward to meeting many of you again at these events over the coming months.

If you have any questions or want more information feel free to call or email us. Warm regards from all of us in the ILI.

Relaxing "Coaching" Break in the Aran Islands

Time out for Yourself

We are offering a long weekend in Inishere in June (19th to 22nd), the smallest and most beautiful of the Aran Islands off the Galway coast, to relax, have fun, reflect and indulge in some quality personal development.



All are welcome to attend - the weekend is designed to benefit you, regardless of whether you are familiar with coaching or not.

Let your family, friends, neighbours, workmates know i.e.anyone you think who would benefit from some time out, fun and personal reflection.

The Benefits for You:

- Spend time with like minded people, enjoying the peace and beauty of Inishere and the award winning food in the Fisherman's Cottage
 - Develop your creativity and sense of fun for life
- Discover simple processes for achieving personal and professional success
- Create your own Life Plan for moving forward in all areas that matter to you
- Learn to let go of worry and stress, and be more relaxed in and with yourself
- Enjoy a break with a Real difference, coming home with more focus and less "baggage"!

Full details, booking form and costs available on www.ili.ie/AranIslands
 Accommodation per person sharing!

Career Coaching Seminar

A one-day seminar on maximising your career and work life

An opportunity to quickly and easily learn a unique and powerful process for career satisfaction and success. This process was designed and perfected by Eoin McCabe over the past 12 years in his work as a career coach and career guidance counsellor. This practical and motivational workshop will give participants the tools and insights to -

- discover what your "passion at work" actually is
- identify and pursue the work you would love to do
- achieve your career goals with greater ease and confidence
- maximise your career potential and performance

Please pass on details of this seminar to anyone who may be interested and could benefit from attending.

Full details and booking form available at www.ili.ie/CareerBliss

This one day practical workshop is open to the public and will be held in **UCD on May 17th.**

Please note this seminar is designed for the public; while Coaches are obviously welcome, a Career Coaching Training Workshop for Coaches will be available in June.

**Irish Lifecoach Institute
180 Templeogue Road
Templeogue
Dublin 6w
1850 200 591
00353 (0)1 4928032
www.ili.ie
info@ili.ie**

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Irish Lifecoach Institute | 180 Templeogue Road | Templeogue | Dublin 6w | Ireland